

UNISEX Course

A B C Whole body basis

Sport course

A whole body course particularly recommend to those who is suffering from sore muscle caused by doing sport or daily stress.

5,100yen/30mins | 6,800yen/40mins | 9,900yen/60mins | 13,300yen/80mins

For any short course 1,700yen/10mins

A Shoulder and Neck course	Focus on relaxing the shoulder muscles and neck muscles.
B Body course	Focus on relaxing waist muscles and back muscles.
C Foot course	Focus on relaxing foot muscles and knee muscles.
D Face course	Particularly recommend to those who is suffering from sore eyes. (Without oil using.)

Mens course

[Mens]Ski and Marathon course

Relaxing the soreness of legs and waist muscles.

B C Focus on legs and waist 5,100yen/30mins

[Mens]Business course for PC and smartphone users.

Relaxing the sore shoulder muscles and sore eyes.

A D sore shoulder and sore eyes 8,500yen/50mins

[Mens]Tomamu Special course

A B C D

Relaxing sore body.

15,000yen/90mins | 19,800yen/120mins | 24,900yen/150mins

Ladies course

[Only for Ladies] Relax session course

A B C D

A whole body course for ladies only.

6,600yen/40mins | 9,700yen/60mins | 13,100yen/80mins

[Ladies]Course which focus on sore shoulder.

Relaxing the sore shoulder muscles and sore eyes.

A D sore shoulder and sore eyes 6,600yen/40mins

[Ladies] Course focusing on legs.

Relaxing the soreness of legs and waist muscles.

B C Focus on legs and waist 5,100yen/30mins

[Ladies] Tomamu Special course

A B C D

Relaxing sore body from daily stress.

14,800yen/90mins | 19,400yen/120mins | 24,500yen/150mins

〈All prices include tax.〉 〈We will refuse to offer massage to pregnant women because of avoiding risk.〉



SPORTS MASSAGE
SHIMUKAPPU

The Tower II 14F

Opening Times

16:00~24:00
Last order will be 11pm.

For those who make on-the-day reservation after 15pm
please dial the extension phone number.

Reservation

Extension number **6186**

From Village Alpha **78-6186**

090-6990-5956 info@shimu.info

Web reservation

<http://airrsv.net/shimu/calendar>

